



LAURENTIAN CLUB OF CANADA

Please join us on the fourth Tuesday of each month to enjoy stimulating English presentations at
Trinity Church Hall, 12 Préfontaine West, Ste Agathe
Meetings start at 1:30 p.m.

Winter/Spring Programme 2010

January 26 **John Holinsky: Environmental Issues and the Health of our Lakes** John Holinsky will give us a primer on lakes and water quality. Many of us live beside a lake and all of us drink water! John is a Chemical Engineer with very wide experience in measuring and regulating water quality. He will explain in non-technical terms the origins of “blue-green algae”, the steps being taken to regain control of our water quality, and the impact of these events on our quality of life.

February 23 **Dr Peter McLeod: Prescription Drugs; Myths and Facts** Dr Peter McLeod is Professor of Medicine and Pharmacology at McGill University. He will give us an insider's view of progress, and some areas of concern, in his specialty, Clinical Pharmacology. Is there any basis for concern in the media about “over-medicating of seniors”? Are we paying too much for prescription drugs? If you are taking a prescription drug, is there any chance that it will do more harm than good? Bring your own questions for Dr McLeod.

March 23 **Denis St-Amour: Chairman World Vision International** Denis St-Amour has worked in the key areas of entrepreneurship, corporate environment and last but not least with an international NGO, a global relief organization – three very different environments with often differing values and objectives. Denis's professional background is in the fields of business & career coaching, transition & change management, conflict resolution, and board governance and he has travelled extensively in the course of his work with World Vision.

April 27 **Michael Rossy: Owner of Runaway Creek Farm** Michael Rossy owns and operates a farm at Arundel that has been certified as Organic since 1995. With 350 acres in total this is a broadly based business producing a wide range of meats, vegetables, fruits, herbs and edible flowers. The Farm Store is a significant element in Michael's marketing strategy. He will bring us insights into how he coaxes this wide range of food products from an area that is widely thought of as producing only rocks and trees.

May 25 **Annual General Meeting and Luncheon** at Mont Gabriel, starting at 12:00 noon.
Tickets will be available beginning at the March meeting.

Ann Lambert and the Dawson Theatre Collective Ann Lambert is a Montreal playwright and director who works with Dawson College students who are passionate about creating theatre. Several members of the DTC will be presenting excerpts from their spring 2010 show, a version of **A Midsummer Night's Dream** that weaves the Shakespearean play with a contemporary love story into a play within a play that makes Shakespeare even more timeless (and timely) than ever.

Annual Membership Fees are \$25.00 per person and we are actively seeking new members. Guests are most welcome (\$5.00). Come and bring a friend. We welcome your suggestions for future speakers and any ideas for how we can improve the Club.

12 rue Préfontaine Ouest
Ste Agathe des Monts, QC
J8C 1C3
Tel (819) 326-3889



LAURENTIAN CLUB OF CANADA

January 2010

Dear members and friends of the Laurentian Club,

Now that the holidays are past, it is time to mark your calendars with the meeting dates for the balance of the season.

Enclosed with this letter you will find the programme listing the speakers scheduled through to May. Meetings in the afternoon of the fourth Tuesday of every month from January to April are held in the Hall at Trinity Church, 12 rue Préfontaine Ouest in Ste. Agathe beginning at 1:30 p.m.

The Annual General Meeting and Luncheon will again be held at Mont Gabriel on Tuesday May 25 and will begin at 12:00 noon. We have an interesting event planned for that date that you will find described in the programme. Tickets must be purchased in advance and will be available beginning at the March meeting.

The Executive and other volunteers work tirelessly to maintain and improve the Club, and we are gratified by the great turnout at the meetings and positive feedback from those attending. We all owe special thanks to the Area Representatives and Hospitality Committee.

We are also very grateful to the members who have submitted reports to Main Street. This really helps to raise our profile in the community. We would love to have someone sign up to become a reporter for all our events.

A web page has been set up where you can find information about the Club. Search for "Laurentian Club" or go to <http://tiny.cc/avwLm> for the current programme and contact list for the Executive, Area Representatives and Hospitality Committee. We need someone to take on the responsibility of maintaining and improving the site, perhaps adding photos and reports on the meetings. If you are interested, please let me or another member of the Executive know.

Your questions, comments and suggestions for future speakers are always welcome. We look forward to seeing you at our meetings and encourage you to bring along a friend.

Sheila Eskenazi, President

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EXECUTIVE COMMITTEE 2009-2010

President	Sheila Eskenazi	819-326-4963	sheila@doncaster.ca
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Vice-President, Publicity	Linda Crutchfield	450-227-3548	lindacrutchfield@palmasdelmundo.com
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HOSPITALITY & HALL ARRANGEMENTS

Hospitality Coordinator	Barbara Stolt	819-326-7939	stolt_barbara@yahoo.ca
Hospitality (Luncheon)	Aida Kormanyos	819-326-2949	
Hospitality (Luncheon)	Christiane Sauvageau	819-321-1533	csauvageau@cgocable.ca
Hospitality (Luncheon)	Lucille Sauvageau	819-326-2910	
Hospitality (Meeting)	Jean Dorken	450-229-5372	lilredwonder0404@sympatico.ca
Hospitality (Meeting)	Zuza Lingat	819-322-1931	zuza.lingat@hotmail.com
Hospitality (Clean-up)	Beverly Blanchard	450-562-6868	bmb Blanchard@sympatico.ca
Hospitality (Clean-up)	Isabel Napp	450-533-4306	napp@aiservice.com
Hospitality (Clean-up)	Joan Hudson	450-432-7572	joan.hudson@sympatico.ca

AREA REPRESENTATIVES

Morin Heights	Ardley Edgar	450-226-3968	eaedgar@cgocable.ca
Lac Marois	Jean Dilks	450-224-5268	
St. Sauveur	Barney Aylett	450-227-2450	
Ste. Adele	Jean Dorken	450-229-5372	lilredwonder0404@sympatico.ca
Mont Tremblant	Audrey Staniforth	819-425-7342	d.staniforth@sympatico.ca
Ste. Agathe 2	Helen O'Brien	819-326-6464	
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